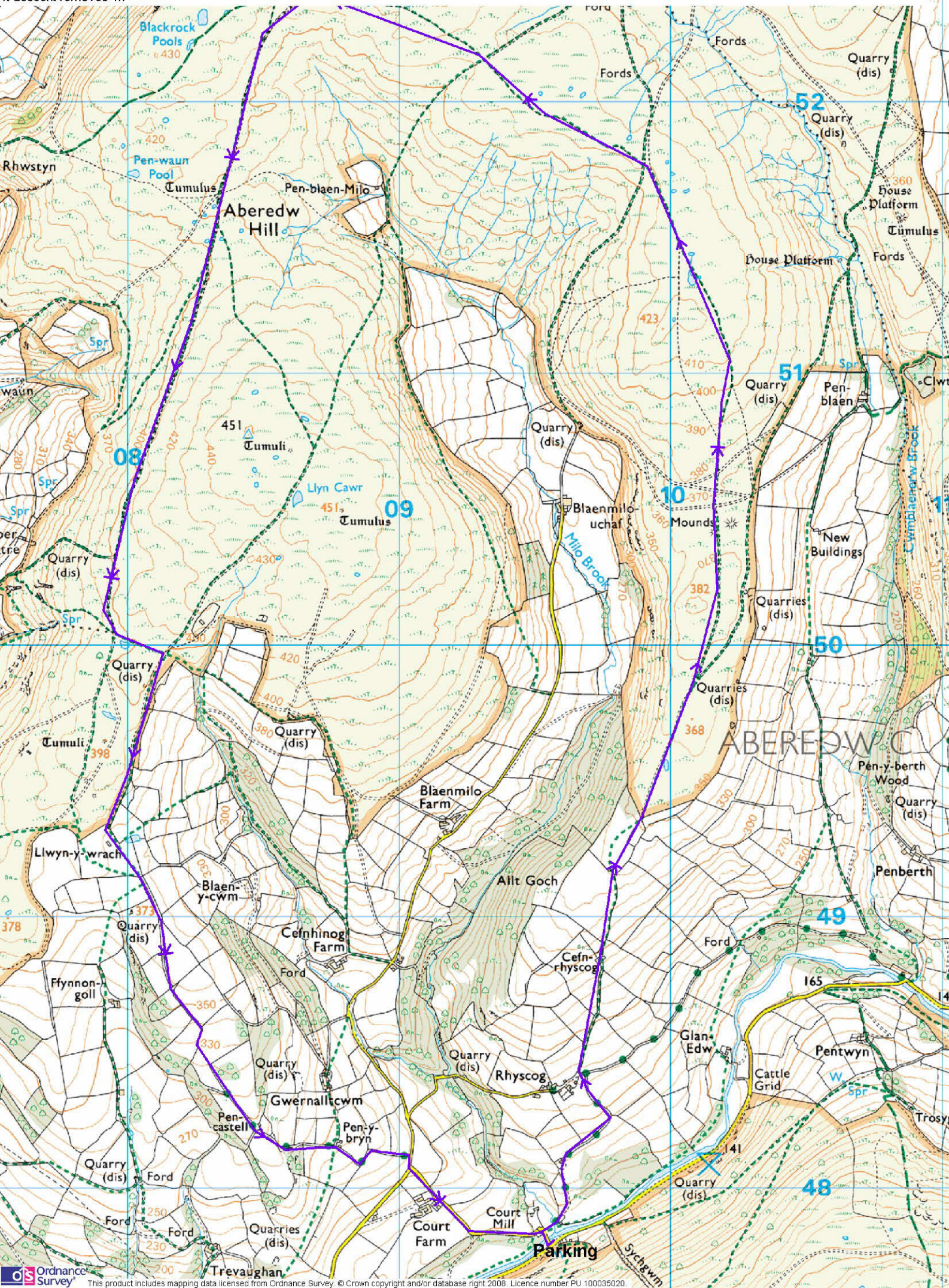
Anquet Maps 2008 www.Anquet.co.uk (Bottom Left - Top Right)-(SO 075 476-SO 110 525) Map printed at 1:16,667

Route: Walk 16 (2) Aberedw Hill Circular, Start Point: SO 095 478, End Point: SO 095 478, Flat Length: 7.31 Miles, Hidden Length: 7.34 Miles, Max Height: 1,381.09 Feet, Min Height: 434.13 Feet, Height Ascended: 1,189.77 Feet, Estimated Time: 4 hrs, 2 mins, Est Time: 2.3 Mi/hr, 3,000 ft ascent adds 1hr, 3,000 ft descent removes 1h



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